The process of securing [a wheeled article] commercial 12. kitchen equipment to [a surface] the floor to prevent appreciable shifting of the article, thereby keeping said commercial kitchen equipment within acceptable tolerances of fixed fire suppression systems, which comprises wheels of the article by confining the wheels between a plurality of wheel support elements spaced apart slightly further than the width of the wheel and opposed spaced ramps, said wheel support elements and opposed space ramps being of unibody construction which meets National Sanitation Foundation standards and is no greater than six inches in width and no greater than twelve inches in length, by application of a displacing force to such article in any direction and thereby applying a downward force on such a ramp to hold such wheel in fixed position, by such rolling of a wheel up a ramp producing a component of force on the wheel in a direction opposite the displacing force and tending to roll its wheel down the ramp, and by securing the stop in relation to a rigid surface by use of securing means.